

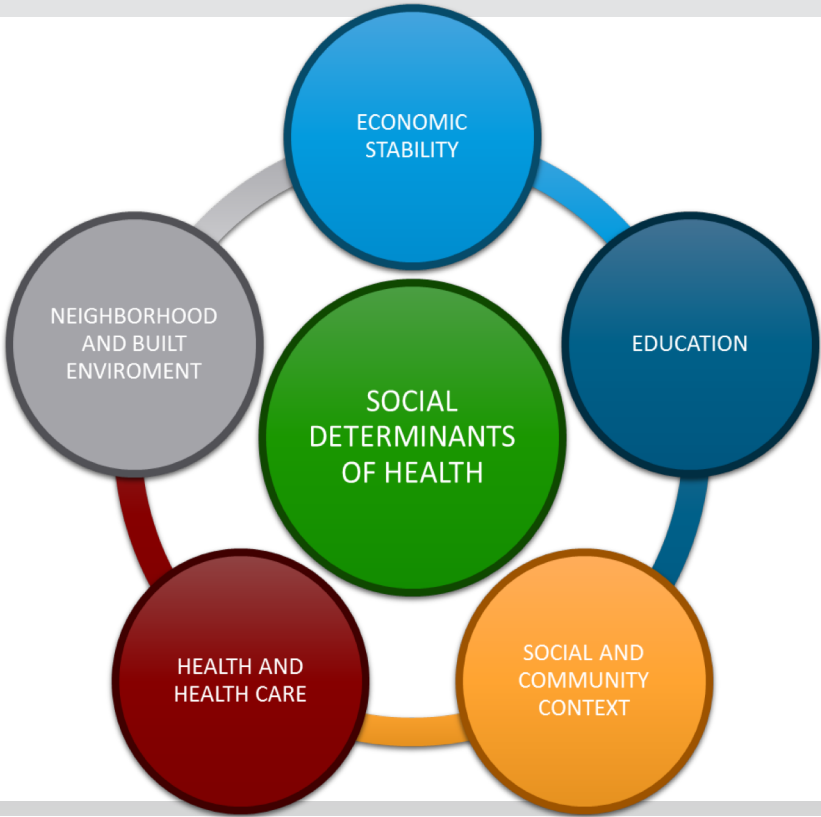


Central Region Update on Community Health Improvement Plan

June 26, 2018

A Focus on Root Cause: Social Determinants of Health

Social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.



The Three Pillars of Addressing Root Cause



***Strategic
priority
interests that
drive our
response to
addressing
root cause***

Enhance Coordination of Services

Baseline Indicators

MERIDEN AND NEW BRITAIN
DESIGNATED AS
UNDERSERVED (MUA/HPSA)

80% MERIDEN & 77% NEW
BRITAIN REPORT GOOD
HEALTH (86% IN CT)

HEALTH DISEASE
MORTALITY 149.3
(101.6 IN CT)

- Key Plan Initiative Tactics to Implement***
- Evaluate and use information exchange portal resources, linking healthcare providers with community-based organizations
 - Improve IT resources to enable community focus and better measurement of outcomes
 - Develop a playbook for infrastructure, dashboard of health, governance, and community workflows
 - Enable dynamic and up-to-date asset mapping

- Develop innovation network for learning, research, co-creation, and rapid knowledge dissemination (bi-directional communication platform)
- Implement new or increased use of Community Health Workers (CHW)
- Evaluate and use adaptive technology (e.g., geofencing, GIS mapping, artificial intelligence, biometric risk assessment, Epic tie-ins)

Promote Healthy Behaviors and Lifestyle

Baseline Indicators

SCHOOL BREAKFAST PARTICIPATION: 68% N. BRITAIN, 45% MERIDEN, 13% BERLIN

32% MERIDEN & NEW BRITAIN AT HEALTHY WEIGHT (39% CT)

25% MERIDEN & 31% NEW BRITAIN NO LEISURE TIME OR PHYSICAL ACTIVITY (23% CT)

Key Plan Initiative Tactics to Implement

- Screen for healthy food need identification in community population and provide assessment at points of care
- Enhance Promotion and Marketing, including adopting 5-2-1-0 initiative, at schools, workplaces, public spaces, faith communities, and healthcare events
- Provide voucher/prescription programs for fruits and vegetables
- Promote and improve healthy food donation

- Further partnerships with food pantries/banks and food providers and suppliers
- Create more access points for healthy foods
- Develop urban gardens, community gardens, hospital campus gardens, farmer's markets (fresh food)
- Evaluate and use mobile food programs
- Create and support food policy councils

Improve Community Behavioral Health

Baseline Indicators

SERVICE AREAS: 21% MSMC
& 20% HOCC ADULT
DEPRESSION (17 % IN CT)

20% MERIDEN & NEW
BRITAIN CIGARETTE
SMOKING (12% IN US)

77% MERIDEN & 79% NEW
BRITAIN REPORT GOOD
MENTAL HEALTH (84% CT)

Key Plan Initiative Tactics to Implement

- **Embed behavioral health services in primary care (ongoing)**
- **Recruit more mental health providers, with focus on community outpatient services (e.g., family therapists)**
- **Implement Recovery Coach program in ED**
- **Provide more depression screening – growth and at more points of care with referrals (including at public schools) and integrate into Epic**
- **Further Mental Health First Aid training and grow community behavioral health training at the local level**
- **Enhance services in virtual mental health, including tele-psychiatry**